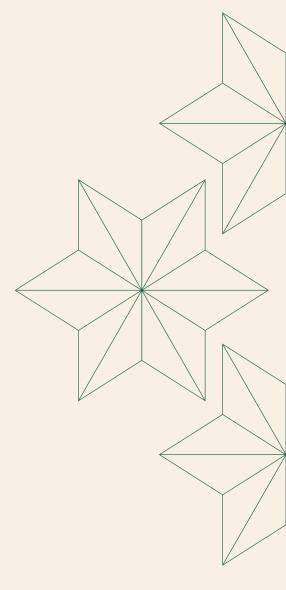


WELCOME TO OUR DINNER TABLE





Use these icons to find a meal that suits your preferences & dietary requirements:

Lacto-ovo vegetarian: Includes dairy products & or eggs 🔼 Vegan friendly: No use of, or containing any animal products 🕜 Discovery Vitality HealthyDining

SET MENU

Two Course Meal | 179

Choose a Starter & Main or Main & Dessert.

STARTERS

Garlic & Parmesan Chicken Wings

Deep-fried buffalo chicken wings tossed in Parmesan, fresh garlic & parsley butter. Served with ranch dressing.

Thai Basil Chicken Spring Rolls

Served with chilli maple-flavoured dipping sauce.

Greek Salad

Chopped cherry tomatoes, cucumber, green pepper, red onion & olives, topped with crispy fried feta.

Served with poppy seed dressing.

MAINS

Sundried Tomato Gnocchi

Tossed in a creamy sundried tomato & basil pesto** sauce, topped with Parmesan shavings.

Peri-Peri Chicken

Flame-grilled chicken thighs with a creamy peri-peri sauce & citrus coriander rice.

BBQ Beef Bun

BBQ basted beef rashers, creamy jalapeño chilli slaw, grilled pineapple & fresh coriander.

Middle Eastern Lamb Plate

Grilled spiced lamb koftas, herbed cucumber & tomato bulgur wheat tabbouleh salad, yoghurt cucumber raita & handmade harissa flatbreads.

BBQ Cheddar Gourmet Burger

Flame-grilled beef patty, gherkins, tomato, burger mayo, red onion & lettuce.

DESSERTS

Pavlova Stack

Baked meringue nests stacked & topped with sweetened vanilla whipped cream, fresh seasonal berries, blueberry coulis & granadilla pulp.

Chocolate Tart

Rich dark chocolate tart drizzled with salted caramel sauce. Served with ice cream.

★ Dine in only

STARTERS

Chipotle Chicken Livers | 49

Pan-fried in a cream, red onion, garlic & smoky chipotle sauce. Served with toasted garlic butter baguette slices.

Asian BBQ Cauliflower Bites [1] 45

Battered, deep fried & tossed in Asian BBQ sauce. Sprinkled with toasted sesame seeds & spring onion.

Whipped Feta Bruschetta with Balsamic Tomato Salad 🛮 49

Toasted garlic butter baguette slices, topped with whipped feta & served with a fresh balsamic, basil pesto** & cherry tomato salad.

Cheesy Chilli Beef Empanadas | 49

Served with jalapeño chilli dipping sauce & sour cream.

Thai Basil Chicken Spring Rolls | 75

Served with chilli maple-flavoured dipping sauce.

Garlic & Parmesan Chicken Wings | 99

Deep-fried buffalo chicken wings tossed in Parmesan, fresh garlic & parsley butter. Served with ranch dressing.

FRESH SALADS

Table salads available upon request.

Beef Burrito | 59

Chilli beef mince, citrus coriander rice, charred corn, diced avo, tomato salsa, iceberg lettuce, grated mixed cheese & chipotle spiced crispy strips.

Served with jalapeño chilli dipping sauce & sour cream.

Chicken Tabbouleh | 109

Maple harissa basted chicken breast, herbed cucumber & tomato bulgur wheat salad topped with marinated olives, feta, red onion & fresh parsley.

Greek 🛮 69

Chopped cherry tomatoes, cucumber, green pepper, red onion & olives, topped with crispy fried feta. Served with poppy seed dressing.



GOURMET BURGERS & BUNS

Served on a sesame brioche bun with battered onion rings & your choice of rosemary-salted skin-on fries, sweet potato fries or a side salad.

BBQ Beef Bun | 139

BBQ basted beef rashers, creamy jalapeño chilli slaw, grilled pineapple & fresh coriander.

Garlic Chicken Parmesan Bun | 139

Deep-fried crumbed chicken topped with garlic butter, spicy tomato sauce, melted Parmesan & basil pesto**.

Lamb Gourmet Burger | 179

Flame-grilled spicy lamb patty with rocket, yoghurt cucumber raita & sambals.

Veggie Gourmet Burger **□** 115

Falafel patty, chilli mayo, tomato, lettuce & sautéed onions.

BBQ Cheddar Gourmet Burger | 165

Flame-grilled beef patty, gherkins, tomato, burger mayo, red onion & lettuce.

Macon & Blue Cheese Gourmet Burger | 169

Flame-grilled beef patty, beef macon, creamy blue cheese sauce & rocket, topped with crispy chipotle onions.

Our premium BBQ basted flame-grilled beef patties are carefully crafted from 100% ground beef. They are cooked medium for more and more flavour, unless requested otherwise.

MAINS

Butter Chicken Curry Bowl | 119

Served with basmati rice, sambals & yoghurt cucumber raita.

Sundried Tomato Gnocchi 🛮 115

Tossed in a creamy sundried tomato & basil pesto** sauce, topped with Parmesan shavings.

Middle Eastern Lamb Plate | 149

Grilled spiced lamb koftas, herbed cucumber & tomato bulgur wheat tabbouleh salad, yoghurt cucumber raita & handmade harissa flatbreads.

Mediterranean Veg Bowl 🕜 🚾 | 95

Sorghum, roasted cherry tomatoes, mushrooms, baby marrows, mixed peppers & basil.

French Onion Mac & Cheese 🛛 | 79

A creamy herbed mushroom & onion sauce with a crisp parsley & cheese breadcrumb topping. Served with toasted garlic baguette slices.

Peri-Peri Chicken | 139

Flame-grilled chicken thighs in a creamy peri-peri sauce.

Served with citrus coriander rice.



GRILLS

Served with battered onion rings & your choice of rosemary-salted skin-on fries, sweet potato fries or oven roasted veg.

Lamb Chops | 389

300g grilled lamb loin chops with minted peas & jus.

BBQ Ribeye | 299

300g BBQ basted ribeye.

BBQ Beef Ribs

BBQ basted beef ribs.

400g | **229**

800g | **389**

Rump & Wing Combo | 289

250g BBQ basted rump & deep-fried buffalo chicken wings tossed in Parmesan, fresh garlic & parsley butter. Served with ranch dressing.

SIDES & SAUCES | 26

Crushed Baby Potatoes

Crispy Deep-Fried Chipotle Onions

Basmati Rice u

Oven Roasted Veg 🚾

Mushroom & Thyme Sauce

Blue Cheese Sauce

Peppercorn Sauce

DESSERTS

Our desserts are freshly made on site with delicious locally sourced ingredients, so that you always get a taste of home. We also have a fantastic selection of decadent cakes & tarts available in our cake display.

Pecan Toffee Pudding** | 44

Served with ice cream & shortbread crumbles.

Pavlova Stack | 69

Baked meringue nests stacked & topped with sweetened vanilla whipped cream, fresh seasonal berries, blueberry coulis & granadilla pulp.

Affogato 39

A traditional Italian coffee dessert. Creamy vanilla ice cream served with a shot of espresso & a flavour of your choice:

Nutella®** | Biscoff® | Caramel popcorn

Chocolate Tart | 79

Rich dark chocolate tart drizzled with salted caramel sauce.

Served with ice cream.



KIDS' BURGERS & BITES

Served with skin-on fries. For a healthier option, swop skin-on fries for sweet potato fries, a side salad, carrot sticks or apple slices.

Chicken Burger | 69

Grilled chicken breast with mayo.

Beef Burger | 95 100% Ground beef patty, BBQ sauce & mayo.

Sesame-Crusted Buttermilk Chicken Strips | 85

Cheddar Toasted Sandwich 72

KIDS' DRINKS

Little Chino | 17

Texturised milk dusted with hot chocolate powder.

Classic Milkshakes & Fruit Juices
Ask our team about available options.

THE ROASTERY

Our baristas pour their passion & professionalism into every cup of coffee they make. Whether you like a creamy & velvety cappuccino or a reliable & robust filter coffee, we offer a variety of creations to satisfy your craving.

We know that you have discerning tastes, so we've provided milk alternatives too.

Soy milk no charge | Almond milk** +10 | Oat milk +10 | Decaf Espresso: Single +7 Double +14 | Whipped cream +13

Syrups +10: Vanilla | Hazelnut* | Caramel | Apple Pie

Espresso | 30 Single shot.

Doppio Espresso | 32

Cortado

Double shot of espresso with an equal amount of texturised milk.

Classic | 38
Biscoff® | 39
Nutella®** | 44

Flat White | 39

Double shot of espresso with texturised milk.

Caffè Latte | 45
Single shot of espresso
with texturised milk.

Americano | 39

Double shot of espresso with hot water.

Cappuccino Espresso with texturised milk

Short (Single Shot) | 39
Easy (Double Shot) | 45
Serious (Double Shot) | 49

Caffè Mocha | 52

Hot chocolate & a single shot of espresso with texturised milk.

Spanish Latte | 39 Single shot of espresso

with texturised milk & condensed milk.

FILTER COFFEE

Our coffee beans are locally roasted & ground. Choose between **House Blend** or **Mocca Java.**

Bottomless | 49 Single Cup | 35

Served & charged per person. Unfortunately, sharing is not allowed.

CHILLED

Iced Latte | 39 Single shot of espresso, cold milk, ice & milk foam.

Vietnamese
Iced Latte | 45
Single shot of espresso,
cold milk, condensed milk,
ice & milk foam.

Muggachino
Refreshingly blended iced coffee.

Chino | **59** Rolo® | **65**

^Subject to availability, **Contains nuts, *May contain nuts

HOT DRINKS

Caribbean Mocha | 65

Coconut, coffee & chocolate flavours with texturised milk.

Red Cappuccino®

With texturised milk.

Easy | **49**

Serious | 54

Hot Chocolate | 49

With texturised milk.

CHILLED DRINKS

Soft Drinks | No Sugar Soft Drinks 👄 | 34

Classic Milkshakes & Fruit Juices

Ask our team about available options.

Apple Pie Milkshake | 65
Served with a mini apple pie.

SLUSHES

Pineapple & Cucumber | 59 Strawberry, Hibiscus & Ginger | 69

BOTTOMLESS DRINKS

Served & charged per person. Unfortunately, sharing is not allowed.

Hot Chocolate | 69 With texturised milk.

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Lemonade | 64

Peach Iced Tea | 64

FRUITY FIZZES | 64

Choose any flavour for your refill.

Kiwi & Watermelon Pear & Elderflower Guava & Grapefruit

MOCKTAILS

Very Berry | 82

Mixed berry coulis, PowerPlay® Original, strawberry & a pineapple wedge.

Apple Mojito | 82

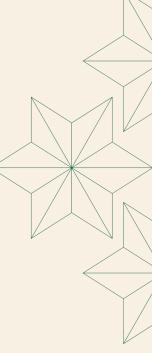
Appletiser®, green apple coulis, mint & green apple.

Caribbean Sunset | 69

Sprite®, orange juice, lemonade, grenadine, orange & lemon slices.

Amber Sky | 55

Schweppes® Lemonade, orange juice, passion fruit cordial, grenadine & an orange slice.





Love what you see on your table?

Snap a photo & post it using #MyMuggTable &
we could be featuring you on our social media pages!

www.muggandbean.co.za



We don't just make food. We make food with thought. Visit our website to find out how we make food that's good for the environment, for local communities & for you.



Scan here to view nutritional & allergen info



Scan here to view our menu online



Discovery Vitality members get up to 25% back on all qualifying HealthyDining meal options, plus 50% back on Vitality kids' HealthyDining meals for under 12s. To get your rewards, activate HealthyDining on the Discovery app, purchase a Mugg & Bean HealthyDining meal (you can spot it with the 'V' indicator), and scan your receipt in the HealthyDining section of the Discovery app. Discovery Vitality (Pty) Ltd. Registration number: 1999/007736/07. Limits, terms and conditions apply.

T&Cs apply. Bottomless menu items available for sit-down customers only. Ingredients may vary subject to availability & seasonality. Menu descriptors do not contain full ingredients. If you require any allergen information prior to ordering, please ask a member of our team to assist. We use a lot of different ingredients & shared equipment in our kitchens, as well as some products that have been produced by suppliers. Due to this, we cannot guarantee that our food is completely free of allergens or traces of allergens. Portion weights are raw weights. Consuming raw or under-cooked meats, poultry or eggs may increase your risk of foodborne illness & is done so at your own risk. Only certain pies & tarts are served with cream or ice cream. All visuals are suggested servings only & for descriptive purposes only, size & appearance may vary. All extras will be charged for. Certain menu items are made from non-dairy cream. Not all items on this menu are available as takeaway. While stocks last.





