



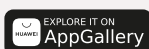
# MUGG & BEAN

GIVING YOU MORE AND MORE





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## HOW WE MAKE



We go the extra mile to do more than just make food, by making food with thought.



### THINK QUALITY

From the first sip to the last bite, you can taste the difference.

We are committed to only using free-range eggs.

Our coffee is globally-sourced, locally-roasted & professionally poured.

We leave the skin on our fries because they're more nutritious that way.





### THINK WELLNESS

We do our best to offer you more and more, no matter your dietary requirements.

To help you make more informed choices, kilojoule counts are listed next to each meal & the full nutritional guide is on our website.

In partnership with Chef Mokgadi Itsweng, we're offering more delicious choices made with future thinking, locally sourced ingredients like sorghum, lentils & beans.

Find Mokgadi's creations using the  symbol.

We're Vitality HealthyDining partners – find approved meals using the  symbol.



### THINK COMMUNITY

A meal is only as good as the ingredients that were used to prepare it, so we source the majority from local farmers & suppliers.

Together with our partners, Cupcakes of Hope, we are committed to raising awareness & funds for kids affected by childhood cancer.

As part of the YES (Youth Employment Service) Programme, we continue to employ young black South Africans in our restaurants every year.



### FILTER COFFEE

Our coffee beans are locally roasted & ground. Choose between **HOUSE BLEND** or **MOCCA JAVA**.

#### BOTTOMLESS

47 | 76 kJ

#### SINGLE CUP

35 | 76 kJ

Served & charged per person.  
Unfortunately, sharing is not allowed.








### CORTADO

Double shot of espresso with an equal amount of texturised milk.

38 | 183 kJ



Use these icons to find a meal that suits your preferences & dietary requirements:

-  Lacto-ovo vegetarian: Includes dairy products & or eggs
-  Vegan friendly: No use of, or containing any animal products
-  Discovery Vitality HealthyDining
-  Mokgadi's Creations
-  New products

# THE ROASTERY

Our baristas pour their passion & professionalism into every cup of coffee they make. Whether you like a creamy & velvety cappuccino or a reliable & robust filter coffee, we offer a variety of creations to satisfy your craving. We know that you have discerning tastes, so we've provided milk alternatives too.

Soy milk no charge | Almond milk\*\* +10 | Oat milk +10 | Decaf: Single +5 Double +8 | Whipped cream +13

## ESPRESSO

Single shot.

30 | 11 kJ

## DOPPIO ESPRESSO

Double shot.

32 | 23 kJ

## FLAT WHITE

Double shot of espresso with texturised milk.

40 | 637 kJ

## CAFFÈ LATTE

Single shot of espresso with texturised milk.

45 | 679 kJ

## AMERICANO

Double shot of espresso with hot water.

39 | 76 kJ

## CAFFÈ MOCHA

Hot chocolate & a single shot of espresso with texturised milk.

52 | 1111 kJ

Add Hazelnut Syrup\*

+10 | 136 kJ

## CAPPUCCINO

Espresso with texturised milk.

SHORT (Single Shot): 40 | 569 kJ

EASY (Double Shot): 45 | 717 kJ

SERIOUS (Double Shot): 49 | 1224 kJ

## STICKY TOFFEE LATTE NEW

Single shot of espresso with texturised milk. Served with a mini pecan\*\* toffee pudding.

49 | 1518 kJ

\*Subject to availability, \*\*Contains nuts, \*May contain nuts,  
\*Excluded from HealthyDining

# BREAKFAST & BRUNCH

Served all day.

## EGGS BENEDICT

Poached egg, hollandaise sauce & a toasted English muffin.

### CLASSIC

Topped with pastrami. Served with grilled tomato & a hash brown.

SINGLE: 69 | 3294 kJ

DOUBLE: 112 | 4116 kJ

### SOUTH AFRICAN

Topped with a boerewors patty & corn chakalaka.

SINGLE: 75 | 3270 kJ

DOUBLE: 127 | 5745 kJ

### BIG BEN

Topped with baby spinach, grilled tomato, hash brown, cheddar, pastrami, beef macon & a battered onion ring.

SINGLE: 89 | 3112 kJ

DOUBLE: 142 | 5422 kJ

## OMELETTES

Three-egg or egg white omelette. Served with buttered white, wholewheat or rye toast.

Buttered sourdough toast +6 | 1098 kJ

### CALIFORNIA

Filled with cheddar, mozzarella & fresh basil. Topped with avo\*, beef macon, feta & basil pesto\*\* mayo. Served with roasted rosemary cherry tomatoes.

152 | 4700 kJ

### CREATE YOUR OWN

FILLINGS:

Onion	+11   100 kJ
Tomato	+16   70 kJ
Herbed Mushrooms	+32   188 kJ
Cheddar	+22   646 kJ
Mozzarella	+22   533 kJ
Beef Macon	+28   229 kJ
Pastrami	+36   410 kJ

65 | 2402 kJ

## CLASSICS

Fried, scrambled or poached eggs. Served with buttered white, wholewheat or rye toast.

Buttered sourdough toast +6 | 1098 kJ

### ON-THE-GO

Two eggs, beef macon & grilled tomato.

69 | 2631 kJ

### CLASSIC

Two eggs, honey-glazed beef macon, grilled tomato & a hash brown. Served with rosemary-salted skin-on fries.

97 | 4376 kJ

### SOUTH AFRICAN FARM

Two eggs, beef macon, a hash brown, grilled tomato & boerewors topped with tomato chutney.

147 | 6908 kJ

### BUFFALO CHICKEN & BLUE CHEESE EGGS BENEDICT

Sesame-crusted chicken strips coated in hot sauce, blue cheese crumbles & an extra drizzle of hot sauce.

SINGLE: 79 | 2600 kJ

DOUBLE: 129 | 4405 kJ




### HEARTY GRILL BREAKFAST

BBQ basted 100g rump, beef macon, boerewors, two eggs, a hash brown, grilled tomato & herbed mushrooms.

175 | 5463 kJ

### SPICY BEANS ON TOAST

Spiced tomato four bean medley served on buttered & toasted sourdough with a poached egg & pea pesto.

For a healthier option, choose wholewheat or rye. 

69 | 1946 kJ / 1798 kJ / 2022 kJ



Story behind the dish



### RANCHEROS OMELETTE

Filled with cheddar, mozzarella & shakshuka sauce. Topped with spicy macon bits, avo<sup>^</sup>, baby potatoes, charred corn, cherry tomatoes & sriracha mayo. Served with sour cream.

147 | 4957 kJ



## NUTRITIOUS & DELICIOUS

### AVO<sup>^</sup> ON TOAST

Cucumber, baby spinach, lemon zest & sesame seeds on lightly buttered wholewheat or rye toast.

85 | 1151 kJ / 1252 kJ

Buttered sourdough toast<sup>o</sup>

+6 | 1098 kJ

### LOW-CARB BREAKFAST

Two poached eggs, grilled halloumi, avo<sup>^</sup>, sautéed baby spinach & roasted rosemary cherry tomatoes.

132 | 2485 kJ

### YOGHURT, FRUIT & NUT BOWL

Full-cream plain yoghurt, fresh seasonal fruit, honey & a sprinkle of walnuts<sup>\*\*</sup>.

105 | 1340 kJ

## SOMETHING DIFFERENT

### SWEETCORN FRITTER STACK

Cheddar & spring onion sweetcorn fritters, beef macon, roasted rosemary cherry tomatoes, avo<sup>^</sup> & ranch dressing. Served with buttered white, wholewheat or rye toast.

119 | 3519 kJ

Buttered sourdough toast

+6 | 1098 kJ

## BAGELS

### BREAKFAST

Buttered & toasted bagel<sup>\*</sup>, beef macon, scrambled egg, rocket, tomato chutney & basil pesto<sup>\*\*</sup> hollandaise sauce.

87 | 3152 kJ

### BEEF MACON & BLUEBERRY

Buttered & toasted bagel<sup>\*</sup>, cream cheese, beef macon, blueberry & vanilla coulis, candied walnuts<sup>\*\*</sup> & honey.

95 | 3456 kJ

# DELICIOUSLY FILLING

## OPEN SANDWICHES

### MEDITERRANEAN VEG

Grilled mixed peppers, roasted rosemary cherry tomatoes, basil pesto\*\* mayo, kalamata olives, feta & shakshuka sauce. Served on wholewheat or rye toast.

65 | 1479 kJ / 1581 kJ

### SMOKED TROUT

Cucumber ribbons, cream cheese, chives, red onion, lemon zest & black pepper. Served on lightly buttered wholewheat or rye toast.

125 | 1473 kJ / 1567 kJ

## TOASTED SANDWICHES

Buttered & toasted white, wholewheat or rye bread.  
Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

### CHEDDAR & TOMATO

79 | 3845 kJ

### CHICKEN MAYO

89 | 3985 kJ

### BEEF MACON & EGG

102 | 3510 kJ

Buttered sourdough

+12 | 2196 kJ

### ALABAMA CHICKEN STACK

Shredded chicken breast, tomato, beef macon & melted mozzarella on buttered sourdough toast. Topped with mustard cheddar sauce, honey mustard dressing & avo\*. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

142 | 4607 kJ

### BBQ STEAK OPEN SANDWICH

Sesame-crusted beef strips in Asian BBQ sauce, grilled peppers & cabbage, pickled ginger, sesame seeds & spring onion on buttered & toasted sourdough. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

114 | 3498 kJ

# FRESH SALADS

## SUMMER NOURISH

Feta, chilled sorghum, lentils, beetroot hummus, red onion, cucumber, cherry tomatoes & fresh herbs.

Served with a honey citrus dressing.

REGULAR: **85** | 1581 kJ



Story behind  
the dish

## MONTE CRISTO FRESH SALAD

Beef strips, macon bits, avo\*, blue cheese, cherry tomatoes & spring onion with mixed lettuce. Served with honey mustard dressing & bagel\* melba toast.

LIGHT: **119** | 2431 kJ

REGULAR: **199** | 3714 kJ



## CROQUE MADAME

Pastrami, cheddar, sautéed onions & creamy mustard cheddar sauce on buttered & toasted sourdough. Topped with melted cheddar & a fried egg. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

**105** | 4230 kJ



## ROAST BEEF BAGUETTE

Buttered & toasted baguette, thinly sliced rare roast beef, dijon mustard, melted mozzarella, crispy chipotle onions & rocket. Served with jus & rosemary-salted skin-on fries, sweet potato fries or a side salad.

**119** | 4409 kJ



# BURGERS & BITES

## GOURMET BURGERS

Served on a sesame brioche bun, with rosemary-salted skin-on fries, sweet potato fries or a side salad.

### VEGGIE

Falafel patty, sriracha mayo, tomato, lettuce & sautéed onions.

99 | 3327 kJ



Story behind the dish

Our premium BBQ basted beef patties are carefully crafted from 100% ground beef. They are cooked medium for more and more flavour, unless requested otherwise.

### BBQ CHEDDAR

Layered with gherkins, tomato, burger mayo, red onion & lettuce.

142 | 5460 kJ

### CHILLI MACON JAM & FETA

With chilli macon jam, whipped feta & rocket.

157 | 5328 kJ

### SESAME-CRUSTED BUTTERMILK CHICKEN STRIPS

Deep-fried & served with sweet chilli dipping sauce.

82 | 5050 kJ

### COATED SPICY BUFFALO CHICKEN WINGS

Deep-fried & served with blue cheese dipping sauce.

109 | 3938 kJ

★ Our fries are locally sourced & we leave the skin on to retain nutrients & reduce waste



### BIG DADDY GOURMET BURGER

Layered with gherkins, tomato, burger mayo, red onion & lettuce. With a fried egg, beef macon, pastrami & cheddar. Topped with battered onion rings & served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

179 | 8136 kJ



<sup>^</sup>Subject to availability, <sup>\*\*</sup>Contains nuts, <sup>\*</sup>May contain nuts, <sup>°</sup>Excluded from HealthyDining

#### MINI BURGER DUO

Choose any two from:  
BOEREWORS PATTY &  
CHEDDAR

or

SESAME-CRUSTED  
BUTTERMILK CHICKEN

Served with rosemary-salted  
skin-on fries, sweet potato  
fries or a side salad.

95 | 3833 kJ



#### BUTTERMILK CHICKEN GOURMET BURGER

Deep-fried sesame-crusted chicken strips, rainbow slaw, grated Parmesan, tomato, honey citrus dressing, burger mayo & lettuce. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

137 | 4819 kJ



#### CREAMY JALAPEÑO GOURMET BURGER NEW

Crispy chipotle onions, diced pineapple & creamy jalapeño chilli dressing. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

129 | 6069 kJ



# HEARTY & GENEROUS

## CHIPOTLE CHICKEN LIVERS

Pan-fried in a cream, red onion, garlic & smoky chipotle sauce. Served with buttered & toasted sourdough.

89 | 5128 kJ

## MEATY SHARING PLATTER

Beef empanadas, BBQ basted boerewors bites, spiced jerk chicken skewers, chargrilled beef rashers & crushed baby potatoes. Served with creamy jalapeño chilli dipping sauce & tomato chutney.

259 | 10368 kJ

## MINI BURGER PLATTER

BOEREWORS PATTY & CHEDDAR

or

SESAME-CRUSTED BUTTERMILK CHICKEN

Choice of three: 115 | 2371 kJ

Choice of six: 215 | 4741 kJ

## CHICKEN & MUSHROOM POT PIE

Creamy chicken, mushroom & veg filling. Topped with rosemary & poppy seed puff pastry lid. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

115 | 6555 kJ

## SESAME-CRUSTED CHICKEN & VEG BOWL

Egg-fried basmati rice, stir-fried veg, avo\*, spring onion & pickled ginger with honey-soy sauce.

134 | 3983 kJ

## MEDITERRANEAN VEG BOWL

NEW   VN

Sorghum, roasted cherry tomatoes, mushrooms, baby marrows, mixed peppers & basil.

95 | 1619 kJ



Story behind the dish

\*Subject to availability, \*\*Contains nuts, \*May contain nuts, °Excluded from HealthyDining

# SEASONAL SOUPS

## ROASTED TOMATO & BASIL V

Topped with basil pesto\*\* & served with a toasted white, wholewheat or rye mozzarella sandwich.

99 | 3805 kJ



## CHIPOTLE SPICED BUTTERNUT

Topped with crispy macon bits, caramelised apple & toasted pumpkin seeds. Served with buttered sourdough toast.

89 | 3652 kJ



## BILTONG & BLUE CHEESE NEW

Topped with charred corn & blue cheese crumbles. Served with buttered sourdough toast.

89 | 3174 kJ



★  
**MUGG & BEAN**

MORE AND MORE

**CARE**



Try our **NEW** **CUPCAKES**  
& we will donate **R2** to Cupcakes of  
Hope to help kids fight cancer every  
time you order one

### LOCAL BRAAI PLATE

Rosemary & lemon lamb loin chop, spiced jerk chicken skewers, BBQ basted boerewors & a sourdough braai broodjie. Served with creamy coleslaw or potato salad.

**245** | 7460 kJ



### RUMP, WINGS & RINGS

BBQ basted 100g rump, deep-fried coated spicy buffalo chicken wings & battered onion rings. Served with blue cheese dipping sauce & rosemary-salted skin-on fries, sweet potato fries or a side salad.

**154** | 6115 kJ



## GRILLS

*Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.*

### RIB & WING COMBO

200g Chargrilled BBQ beef ribs & deep-fried coated BBQ chicken wings.

**215** | 7012 kJ

### GRILLED RUMP

BBQ basted 250g rump, topped with herb butter. Served with battered onion rings & jus.

**259** | 5736 kJ

### PIT BOSS BBQ GRILL

BBQ basted 200g rump, chargrilled beef rashers, boerewors, deep-fried coated BBQ chicken wings & half a grilled corn on the cob. Served with a creamy mustard cheddar dipping sauce.

**285** | 8473 kJ

# HOT & CHILLED DRINKS

## HOT

### CARIBBEAN MOCHA

Coconut, coffee & chocolate flavours with texturised milk.

63 | 1486 kJ

### RED CAPPUCCINO®

With texturised milk.

EASY: 49 | 956 kJ    SERIOUS: 54 | 1285 kJ

### SINGLE HOT CHOCOLATE

With texturised milk.

49 | 1353 kJ

## CHILLED

### CHINO MUGGACHINO

Refreshingly blended iced coffee.

59 | 1323 kJ

### COLD BEVERAGES

SOFT DRINKS 

NO SUGAR SOFT DRINKS 

32 | 540 kJ

32 | 15 kJ

### CLASSIC MILKSHAKES^ & FRUIT JUICES^

Ask our team about available options.

### SLUSHES

PINEAPPLE & CUCUMBER 

59 | 873 kJ

STRAWBERRY, HIBISCUS  
& GINGER 

69 | 452 kJ



### CHOCOLATE\* COCONUT CREAM SHAKE

Refreshing dairy-free blend  
of coconut cream, oat milk  
& maple flavoured syrup.

69 | 2568 kJ



### PECAN\*\* TOFFEE PUDDING

Served with ice cream &  
shortbread crumbles.

44 | 3143 kJ

## BOTTOMLESS

### HOT CHOCOLATE

With texturised milk.

69 | 1353 kJ

### FRUITY FIZZES

Choose any flavour for your refill.

APPLE, MELON & MINT

527 kJ

KIWI & WATERMELON

695 kJ

PEAR & ELDERFLOWER

570 kJ

GUAVA & GRAPEFRUIT

557 kJ

62

### LEMONADE

62 | 375 kJ

### PEACH ICED TEA

62 | 533 kJ

Served & charged per person.

Unfortunately, sharing is not allowed.

# SWEET TREATS

### ESPRESSO CHEESECAKE TARTLET

Topped with choc-chip cookie crumbs, Nutella®,  
ice cream & a crispy honey biscuit.

74 | 3772 kJ



# FRESHLY BAKED

Our cakes, pies, tarts & muffins are freshly baked on site by our skilled Master Bakers with delicious locally sourced ingredients, so that you always get a taste of home. As everything is fresh, our selection may vary. If your favourite isn't available today, how about trying something new?

### CAKE SLICE\*\*

82 | 5343 kJ

Add ice cream or whipped cream.

+16 | 118 kJ / 222 kJ

### PIE OR TART SLICE\*\*

Served with ice cream or whipped cream.

72 | 4534 kJ

### FAMOUS GIANT MUFFIN^\*

50 | 5294 kJ

Add butter, strawberry jam & cheddar.

+10 | 1392 kJ


Available in sweet or savoury options. Made from  
scratch with the same recipe for over two decades.

# KIDS' MENU

## SESAME-CRUSTED BUTTERMILK CHICKEN STRIPS

Deep-fried & served with skin-on fries\*.

85 | 2813 kJ

Choose grilled chicken strips & a light side salad to make it better for you. 

95 | 1740 kJ



## EGG IN A NEST

Fried egg in a slice of white, wholewheat or rye toast with beef macon & grated cheddar.

59 | 1742 kJ



**SMALL MILKSHAKE**  
CHOCOLATE | VANILLA |  
STRAWBERRY |  
BUBBLEGUM | LIME


49 | 132 kJ

## BREAKFAST

### SMASHED AVO^ & POACHED EGG

Served on buttered white toast.

69 | 1742 kJ

Choose wholewheat or rye toast to make it better for you. 

1701 kJ / 1928 kJ

### BIG BOY BREAKFAST

Scrambled egg, boerewors, toast soldiers & skin-on fries\*.

85 | 3797 kJ

### SMALL BOWL OF GOODNESS

Fresh fruit sticks & yoghurt dip.

49 | 586 kJ

★ | We are committed to only using free-range eggs

## BURGERS

Served with skin-on fries. For a healthier option, swop skin-on fries for sweet potato fries, a side salad, carrot sticks or apple slices.

### CHICKEN BURGER

Grilled chicken breast with mayo.

69 | 2887 kJ

### BEEF BURGER

100% Ground beef patty, BBQ sauce & mayo.

95 | 5556 kJ

Add a slice of tomato & lettuce +11 | 34 kJ

## DRINKS

### LITTLE CHINO

Texturised milk dusted with hot chocolate powder.

17 | 363 kJ

### SMALL FRUIT JUICE^

Ask our team about available options.

47 | 556 kJ

^Subject to availability, \*\*Contains nuts, \*May contain nuts, \*Swop skin-on fries for sweet potato fries, a side salad, carrot sticks or apple slices



# #MYMUGGTABLE

Love what you see on your table?  
Snap a photo & post it using #MyMuggTable &  
we could be featuring you on our social media pages!

[www.muggandbean.co.za](http://www.muggandbean.co.za)



**FOOD**  
WITH THOUGHT®

We don't just make food. We make food with thought. Visit our website to find out how we make food that's good for the environment, for local communities & for you.



Scan here to  
view nutritional &  
allergen info



Scan here to view  
our menu online



**HealthyDining**

Discovery Vitality members get up to 25% back on all qualifying HealthyDining meal options, plus 50% back on Vitality kids' HealthyDining meals for under 12s. To get your rewards, activate HealthyDining on the Discovery app, purchase a Mugg & Bean HealthyDining meal (you can spot it with the 'V' indicator), and scan your receipt in the HealthyDining section of the Discovery app. Discovery Vitality (Pty) Ltd. Registration number: 1999/007736/07. Limits, terms and conditions apply.

T&Cs apply. Bottomless menu items available for sit-down customers only. Ingredients may vary subject to availability & seasonality. Menu descriptors do not contain full ingredients. If you require any allergen information prior to ordering, please ask a member of our team to assist. We use a lot of different ingredients & shared equipment in our kitchens, as well as some products that have been produced by suppliers. Due to this, we cannot guarantee that our food is completely free of allergens or traces of allergens. Portion weights are raw weights. Any change or addition to our original recipes will result in kilojoule count variations. Some items are calculated on the highest kilojoule variant. Consuming raw or under-cooked meats, poultry or eggs may increase your risk of foodborne illness & is done so at your own risk. Only certain pies & tarts are served with cream or ice cream. All visuals are suggested servings only & for descriptive purposes only, size & appearance may vary. All extras will be charged for. Certain menu items are made from non-dairy cream. Not all items on this menu are available as takeaway. While stocks last.



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Mugg & Bean cares.  
Please recycle.

*Halaal Winter 2025. Prices quoted in rands & inclusive of VAT.*